

# Zofia Szczuka

## Lista Publikacji

1. Szczuka, Z., Kulis, E., Boberska, M., Banik, A., Kruk, M., Keller, J., Knoll, N., Scholz, U., Abraham, C., & Luszczynska, A. (2021). Can individual, dyadic, or collaborative planning reduce sedentary behavior? A randomized controlled trial. *Social Science & Medicine*, 287, 114336. <https://doi.org/10.1016/j.socscimed.2021.114336>
2. Szczuka, Z., Banik, A., Abraham, C., Kulis, E., & Luszczynska, A. (2021). Associations between self-efficacy and sedentary behaviour: a meta-analysis. *Psychology & Health*, 36(3), 271-289. <https://doi.org/10.1080/08870446.2020.1784419>
3. Szczuka, Z., Abraham, C., Baban, A., Brooks, S., Cipolletta, S., Danso, E., Dombrowski, S. U., Gan, Y., Gaspar, T., de Matos, M. G., Griva, K., Jongenelis, M., Keller, J., Knoll, N., Ma, J., Miah, M., Morgan, K., Peraud, W., Quintard, B., Shah, V., ... Luszczynska, A. (2021). The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. *BMC Public Health*, 21(1), 1791. <https://doi.org/10.1186/s12889-021-11822-5>
4. Boberska, M., Szczuka, Z., Kruk, M., Knoll, N., Hohl, H., Luszczynska, A. (2017). Sedentary behaviors and health-related quality of life? A systematic review and meta-analysis. *Health Psychology Review*. <https://doi.org/10.1080/17437199.2017.1396191>
5. Kulis, E., Szczuka, Z., Keller, J., Banik, A., Boberska, M., Kruk, M., Knoll, N., Radtke, T., Scholz, U., Rhodes, R. E., & Luszczynska, A. (2022). Collaborative, dyadic, and individual planning and physical activity: A dyadic randomized controlled trial. *Health Psychology*, 41(2), 134–144. <https://doi.org/10.1037/hea0001124>